



International Synchronized
Skating Mixed Age Trophy

Trento - Italy March 18-19th, 2023

OFFICIAL PRACTICE 19TH March 2023

TEAMS	WARM UP		DRESSING ROOM	PRACTICE		DRESSING ROOM
	IN	OUT	IN	ENTER ICE	EXIT ICE	OUT
Ice Diamonds	07:35 Area A	08:05	08:05 NR. 1	08:30	08:41	08:56
Magic	07:47 Area B	08:17	08:17 NR. 2	08:42	08:53	09:08
Les Comètes	07:59 Area C	08:29	08:29 NR.3	08:54	09:05	09:20
Butterfl'ice	08:11 Area A	08:41	08:41 NR. 4	09:06	09:17	09:32
ICE RESURFACING						
Team Bernettes	08:37 Area B	09:07	09:07 Nr. 1	09:32	09:43	09:58
Ice on Fire	08:49 Area C	09:19	09:19 Nr. 2	09:44	09:55	10:10
Ladybirds	09:01 Area A	09:31	09:31 Nr. 3	09:56	10:07	10:22
Team Jeanne d'Arc	09:13 Area B	09:43	09:43 Nr. 4	10:08	10:19	10:34
ICE RESURFACING						
Shining Blades	09:39 Area C	10:09	10:09 Nr. 1	10:34	10:45	11:00
United Blades	09:51 Area A	10:21	10:21 Nr. 2	10:46	10:57	11:12
Hermes	10:03 Area B	10:33	10:33 Nr.3	10:58	11:09	11:24
Snowflakes	10:15 Area C	10:45	10:45 Nr. 4	11:10	11:21	11:36
Les Etincelles	10:27 Area A	10:57	10:57 Nr. 5	11:22	11:33	11:48